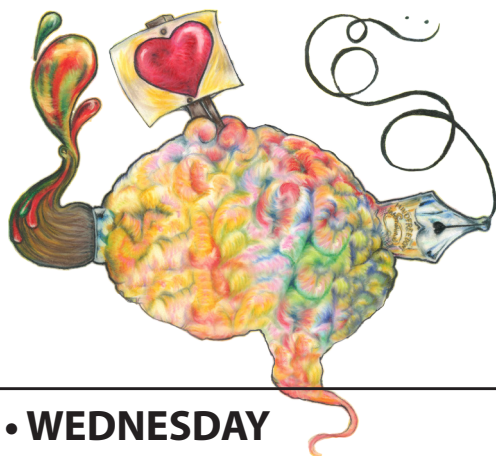


JULY 2014

MY CREATIVE MALADJUSTMENT WEEK:

(use this page to chart your plans for celebrating Creative Maladjustment every day of the week! Circle suggestions from this booklet that you'd like to try, and WRITE IN YOUR OWN IDEAS!)



07 • MONDAY

- Art
- Sidewalk Chalk
- Exhibition

DAY OF CREATIVITY

08 • TUESDAY

- Letter to the Editor
- Petition
- Coffee Date with Activism
- Proclamation
- Parade

DAY OF ACTION & MOVEMENT

09 • WEDNESDAY

- Joke Cards
- Street Theater
- Open Mic

DAY OF LAUGHTER & JOYFUL NOISE

10 • THURSDAY

- Share
- Volunteer
- Guerilla Kindness
- Food Bank

DAY OF KINDNESS

11 • FRIDAY

- Treat Yourself
- Peace
- A Letter to YOU
- Maladjustment Journal
- Self Care Workshop

DAY OF SELF-CARE

12 • SATURDAY

- Give of Yourself
- Volunteer
- Panel Discussion

DAY OF COMMUNITY CARE

13 • SUNDAY

- MLK
- Your Hero
- Legacy of Us
- Lunacy Lecture

LEGACY OF LUNACY

14 • MONDAY

- Memories
- Potluck Pride
- Everyone!

DAY OF PRIDE